



Hart Hill Nursery School

# Physical Development Policy

Updated Summer Term 2024

Ratified by SLT on 03-06-2024

Signed 

To be updated Summer Term 2027



### **What is Physical Development at Hart Hill Nursery School?**

#### **Development matters 2020 states that:**

'Physical activity is vital in children's all-round development, enabling them to pursue happy healthy and active lives. Gross and fine motor experiences develop incrementally throughout early child, starting with sensory explorations and the development of a child's strength co-ordination and positional awareness through tummy time, crawling, and play movement with both objects and adults'

Physical Development is a prime area of learning and underpins everything in the early years.

#### **Our overall aim for children at Hart Hill Nursery School is:**

*All children will develop their fine and gross motor skills to build independence*

### **Effective Teaching and Learning within Physical Development at Hart Hill Nursery School**

#### **Learning**

At Hart Hill Nursery School, the children are:

- Provided with activities that require appropriate challenge
- Provided with adequate space both indoors and outdoors to move and explore
- Encouraged to participate in gross and fine motor activities using a variety of equipment to develop specific skills
- Encouraged to be independent in their self-care e.g. zipping up coats, washing hands, putting shoes on
- Supported in incorporating key words into their vocabulary

#### **Teaching**

At Hart Hill Nursery School practitioners:

- Provide access between the indoor and outdoor environment on a daily basis with sufficient time to persist and learn from their experiences
- Teach children skills so that they can use equipment appropriately, to develop control of their bodies and the way they move
- Provide planned PE sessions where children can be taught and practice specific skills linked to the way they move and when using specific equipment. Children are also taught the effect of exercise on their bodies i.e. hot, out of breath etc.
- Provide ample opportunities to develop an awareness of space

- Ensure children are taught how to remain safe and follow safety procedures, particularly when use certain equipment, such as scissors or during cooking/PE activities
- Provide tasting sessions linked to healthy lifestyles, encouraging children to try a range of new foods and to comment if they do not like something
- Provide support to children and their families to live a healthy lifestyle

### **Planning for Physical Development**

Planning at Hart Hill Nursery School is devised in line with the EYFS Statutory Guidance, Development Matters 2020 and from observation and assessment of children's needs. It also takes into account:

- Medium and long term planning linked to Physical Development ensuring curriculum coverage and progression of skills over time
- Short term weekly plans focusing on specific, differentiated skills
- Contracts of Education outlining individual targets for all children
- Assessments, Pupil Progress meeting targets and Contracts of Education
- Targets on School Development Plan
- Pupil Premium and PEP targets

### **Record Keeping and Assessment**

Key workers will ensure that assessments take place through observation of the children during Child Initiated Learning, adult led activities and through conversations with parents. Positive verbal feedback should be given to pupils about their progress.

Key workers will update assessments using the school's assessment framework at least termly and feedback to class teachers/room leads so that they can monitor and update future planning.

Children's targets will be regularly updated and assessed by individual key workers; this will be overlooked by the class teachers and room leaders to ensure consistency.

Where progress or attainment is not in line with school expectations, this will be highlighted in pupil progress meetings with a member of the senior leadership team to ensure that gaps in learning are narrowed and concerns are monitored.

### **Monitoring the Policy**

The Physical Development co-ordinator will undertake observations of practitioners, children and environments. The co-ordinator will complete gap analysis using assessment data with the support of the Head Teacher and create an action plan accordingly. The co-ordinator will also monitor long, medium and short term planning to ensure it is meeting the needs of the cohort. The co-ordinator, with the support of SLT will report findings to the Governing Body at least annually.